

Wellspring

An essential plant-based solution for heart and joint wellness!

Unlike fish oil, plant-based oils provide the building blocks to help your body form essential fatty acids naturally.

Essential fatty acids are healthy oils from food shown in studies to support cardiovascular systems, joint health, and brain function. Research indicates the wide range of health benefits is linked to essential fatty acids' ability to help maintain a non-inflammatory state in the body.

Wellspring's formula features Ahiflower® oil, the plant kingdom's most effective way to form omega-3 in the body, and an olive fruit extract that supports healthy cholesterol. Organic turmeric root soothes joints while organic ginger root provides antioxidant support. This unique blend creates the gold standard for your joints and heart.*



The Good Inside



- 60 capsules (2 per serving)
- **Proprietary Omega Antioxidant Blend:** (1,000 mg per serving)
- Ahiflower® (Buglossoides arvensis) Seed Oil Powder, Organic Turmeric Root Powder, Organic Ginger Root Powder, Oli-Ola™ (Olive Fruit Extract), Black Pepper Extract
- Other Ingredients: Vegetable Capsule (hypromellose), Organic Gum Acacia, Rice Hull Concentrate.

Ahiflower® is a licensed trademark of Technology Crops LLC.

Oli-Ola™ is a licensed trademark of Nexira.

Not intended for pregnant women due to turmeric.

No Fish Tale



Time, air, heat, and light can all cause fish oil to degrade and turn rancid. Oxidized oils have a strong “fishy” smell and can contribute to cellular damage.

Safeguarded in amber glass bottles, the plant-based oils of Wellspring are combined with powerful antioxidants that protect against oxidation in the bottle and in the body.*

Essential Fatty Acids:

- **Ahiflower® Oil:** Plant kingdom's most potent omega-3, Ahiflower's essential fatty acids rapidly convert to circulating EPA and DHA in the body, supporting a healthy heart.

Research shows Ahiflower converts to EPA and DHA up to four times better than flaxseed. As a powerful source of omega-3, Ahiflower supports the health of your heart, joints, brain, skin, and hair.*

Antioxidants:

- **Organic Turmeric Root:** Revered for centuries in Ayurvedic medicine, modern scientists now recognize the joint-soothing and healing properties of turmeric. Added black pepper extract boosts turmeric absorption for maximum benefits.*
- **Organic Ginger Root:** Renowned for its calming effect on the stomach, antioxidant gingerols help soothe temporary inflammation and support heart health.*
- **Olive Fruit Extract:** Sourced from ancient olive trees in the Southern Mediterranean, this extract features a potent form of polyphenols that supports healthy cholesterol.*

*Backed by a 30-day “good inside” guarantee, Wellspring nourishes your heart and joints.**



AMBER GLASS
PROTECTED



touchstone essentials

TheGoodInside.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.