Fulvic Acid Explained

Did you know that 90% of people are deficient in one or more minerals vital for health?

Food used to provide everything our bodies needed to thrive. Not anymore. Decades of conventional farming methods have depleted the soil of nutrition, resulting in crops that look the same but are lacking in vital nutrients, especially trace minerals and fulvic compounds. Research shows depleted soils grow deficient food.

8 Health Benefits of Fulvic & Trace Minerals

When properly sourced, fulvic acid contains dozens of trace minerals essential for optimal health, boosting the whole body by supporting gut health, energy, immune function and more.



1. Gut Health

Fulvic acid compounds support a healthy microbiome for improved digestion.



5. More Energy

Natural electrolytes activate biological processes for increased energy without crashing.



2. Strengthens Immunity

A healthier microbiome means your natural defenses work better around the clock.



6. Supports Brain Health

Preliminary research suggests fulvic acid may have neuroprotective benefits.



3. Boosts Nutrient Absorption

Trace minerals and fulvic compounds bolster the absorption rate of nutrients.



7. Fights Free Radicals

Fulvic acid and trace minerals act as powerful antioxidants, protecting against free radicals.



4. Optimizes Cellular Function

Fulvic compounds facilitate the delivery of nutrients and removal of cellular waste.



8. Supports Detox

Fulvic acid may bind to toxins, helping to support detoxification in the body.

What Exactly Is Fulvic Acid?



Fulvic acid is formed over a long period of time through the breakdown of nutrient-rich plant matter. Think healthy soils, compost, marine sediments, and especially peat bogs. It's a rich, complex mix of nutrients that include amino acids, minerals, nucleic acids, vitamins, and phytochemical compounds.

Sources of Fulvic Acid



Fulvic acid extracted from plant sources, such as peat bogs, provide the complex organic nutrients and revitalizing compounds that cannot be replicated in a lab.



Fulvic acid extracted from sources like brown coal (lignite) can be high in heavy metals while the fulvic content can vary significantly based on the mining site.



A sticky substance found in rocks within the Himalayan mountains, Shilajit does contain fulvic and humic acids. The problem is that humic acid often contains high levels of heavy metals.

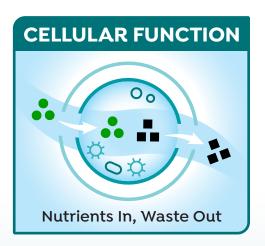
Bottom Line: The best source is a pristine peat bog that has distilled plant matter into fulvic-rich, complex organic substances.

How Does Fulvic Acid Work?

Fulvic acid compounds are believed to work at a foundational level to improve how our cells function, supporting gut health, immune function, energy processes and more.

Most importantly, these complex organic nutrients are in an ionic form that increases their bioavailability – your body's ability to absorb the vital nutrients – and cannot be replicated in a lab.

While companies add synthetic lab-made vitamins back into depleted foods, these are poor copycats of natural, plant-based nutrients. As a result, people are increasingly deficient in nutrients.





every ailment to a mineral deficiency."

Linus Pauling, Ph.D. | Nobel Prize Laureate

What to Look For in a Fulvic Supplement

Not all fulvic acid supplements are the same. Choosing the right fulvic acid can make the difference between something that doesn't work – and is potentially harmful – or experiencing life-changing results.

Plant-Based, Clean Source

Look for fulvic acid sourced from a peat bog rich in organic nutrients.

Extra Trace Minerals

Added plant-based minerals means you get more nutrients and benefits.

Added Zeolite for Detox

Optimize heavy metal detox with a combination of fulvic and natural mineral zeolite.

No Humic Acid

Choose a supplement **without** humic acid as it's more likely to have heavy metals.

Liquid for Easy Use

A concentrated liquid delivers consistent servings and is easier to use.

Third-Party Tested

Look for independent lab testing to verify purity and quality, with results posted online.

Experience Goodness in Every Drop With Fulvic Minerals+



Give your body a natural edge with **Fulvic Minerals+**, the only fulvic supplement that combines the power of fulvic acid, plant-based trace minerals, and natural zeolite.

Backed by independent lab testing that shows a wide array of beneficial minerals and the highest levels of purity, Fulvic Minerals+ is easy to use with goodness in every drop.

